

OLDER ADULT NORTH UNIT PROGRAM SCHEDULE

(Program Schedule subject to change to meet unit needs)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 7:00	Wake-up/Vital Signs	Wake-up/Vital Signs	Wake-up/Vital Signs	Wake-up/Vital Signs	Wake-up/Vital Signs	Wake-up/Vital Signs	Wake-up/Vital Signs
7:00 – 8:45	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass	Hygiene/Phones/Coffee/Med Pass
8:45 – 9:15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:15 – 9:40	Goals Group/Med Pass	Goals Group/Med Pass	Goals Group/Med Pass	Goals Group/Med Pass	Goals Group/Med Pass	Goals Group/Med Pass	Goals Group/Med Pass
9:40 – 10:45	Social Work Group	Social Work Group	Social Work Group	Social Work Group	Social Work Group	Social Work Group	Social Work Group
10:45 – 11:35	Activity Therapy	Activity Therapy	Activity Therapy	Activity Therapy	Activity Therapy	Activity	Activity
11:35 – 12:05	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:05 – 1:00	Outside/Room Time	Outside/Room Time	Outside/Room Time	Outside/Room Time	Outside/Room Time	Outside/Room Time	Outside/Room Time
1:00 – 2:00	Process Group	Process Group	Process Group	Process Group	Process Group	Process Group	Process Group
2:00 – 2:45	Phones	Phones	Phones	Phones	Phones	Phones	Phones
2:45 – 3:30	Nursing Group	Nursing Group	Nursing Group	Nursing Group	Nursing Group	Nursing Group	Nursing Group
3:30 – 4:30	Life Skills Group	Life Skills Group	Life Skills Group	Life Skills Group	Life Skills Group	Life Skills Group	Life Skills Group
4:30 – 5:15	Activity Therapy	Journal/Room Time	Activity Therapy	Journal/Room Time	Activity Therapy	Journal/Room Time	Journal/Room Time
5:15 – 5:55	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:55 – 6:30	Outside Time	Outside Time	Outside Time	Outside Time	Outside Time	Outside Time	Outside Time
6:30 – 7:30	Hygiene/Med Pass	Hygiene/Med Pass	Hygiene/Med Pass	Hygiene/Med Pass	Hygiene/Med Pass	Hygiene/Med Pass	Hygiene/Med Pass
7:30 – 8:30	Med Pass/Snacks Phones	Med Pass/Snacks Phones	Med Pass/Snacks Phones	Med Pass/Snacks Phones	Med Pass/Snacks Phones	Med Pass/Snacks Phones	Med Pass/Snacks Phones
8:30 – 9:00	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group
9:00 pm	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

Behavioral Health Technician
 Activity Therapist
 Registered Nurse
 Social Work

Only ice/water permitted in group sessions

All groups are mandatory; times are approximate

PHONES ARE OFF DURING THERAPEUTIC GROUPS

Revised 1.21.22